



25th September – 1st October 2017

# BLABY



DATE	ACTIVITY	TIME	VENUE	COST
Mon 25th	<b>Fit to Dance</b>	10.30-11.30am	Countesthorpe Village Hall, LE8 5TB	Free
Tues 26th	<b>Beginners Zumba</b>	9.15-10.15am	St Bartholomew Church, LE9 2AL	Free
Tues 26th	<b>Walking Football</b> Contact: 0116 272 7703	9.30-10.30am	Enderby Leisure Centre, LE19 4LX	Free
Tues 26th	<b>Zumba Gold</b>	10-11am	Narborough & Littlethorpe Scout Hut, LE19 2HR	Free
Tues 26th	<b>Yoga**</b>	10-11am	Whetstone Memorial Hall, LE8 6LP	Free
Tues 26th	<b>Tai Chi*</b>	10-11am	The Pavilion, LE9 3BN	Free
Tues 26th	<b>Fit to Dance</b>	10.30-11.30am	Braunstone Civic Centre, LE3 2PP	Free
Tues 26th	<b>Health Walk</b>	11am-12pm	Stoney Stanton Memorial Playing Fields, LE9 4TD	Free
Tues 26th	<b>Novice Kurling Tournament*</b>	12.30-4pm	The Pavilion, LE9 3BN	£12 per team of 4
Tues 26th	<b>Over 60's Swim</b> Contact: 0116 272 7703	3-4pm	Enderby Leisure Centre, LE19 4LX	Free
Weds 27th	<b>Keep Fit and Tone</b>	10-11am	Sapcote Sports Pavilion, LE9 4JF	Free
Weds 27th	<b>Kurling Tournament*</b>	10am-1pm	The Pavilion, LE9 3BN	£12 per team of 4
Weds 27th	<b>Seated Exercise</b>	10.15-11.15am	Braunstone Civic Centre, LE3 2PP	Free
Weds 27th	<b>Health Walk</b>	10.30-11.30am	Glen Parva Memorial Hall, LE2 9JD	Free
Weds 27th	<b>Walking Football***</b>	2-3pm	Holmes Park, LE8 6QY	Free
Thurs 28th	<b>Gardening</b>	9.30am-12.30pm	A Place to Grow, LE19 4LX	Free
Thurs 28th	<b>Volunteer Ranger</b>	10am-3pm	Fosse Meadows, LE10 3AB	Free
Thurs 28th	<b>Keep Moving</b>	11am-12pm	Countesthorpe Village Hall, LE8 5TB	Free
Thurs 28th	<b>Over 60's Swim</b> Contact: 0116 275 0234	3-4pm	Enderby Leisure Centre, LE19 4LX	Free
Fri 29th	<b>Fit to Dance</b>	10.30-11.30am	Elmesthorpe Village Hall, LE9 7SP	Free
Fri 29th	<b>Tai Chi</b>	2.30-3.30pm	Braunstone West Social Centre, LE3 3FT	Free
Fri 29th	<b>Chair Based Exercise Class</b>	2.30-3.30pm	Blaby & District Social Centre, LE8 4GQ	Free



**For more information on activities in Blaby, contact:**

**t:** 0116 2727703

**e:** leisure@blaby.gov.uk

**w:** www.sportblaby.org.uk and www.lrsport.org/beactive

Most sessions displayed are payable thereafter *Feel Alive* from 65 Week. Please call 0116 272 7703 for information

\*Please call 0116 272 7703 or email leisure@blaby.gov.uk to book on

\*\*Please call 07765808667 or email yogawithsusan@hotmail.co.uk to book on

\*\*\*Please call 0116 284 5931 or email fay.longdon@leicestershirefa.co.uk to book on

For all activities should you have any additional needs i.e. a disability please call to Blaby District Council to discuss further

**Enderby Leisure Centre:** 0116 275 0234