



25th September – 1st October 2017



Hincley & Bosworth
Borough Council

A Borough to be proud of

HINCKLEY AND BOSWORTH

DATE	ACTIVITY	TIME	VENUE	COST
Mon 25th	Mature Movers**	9.30-10.30am	Bagworth Working Mens Club, LE67 1BJ	£4
Mon 25th	Short Mat Bowls Contact: 01455 619519	9.30-11.30am	Westfield Community Centre, LE10 OLN	£2
Mon 25th	FAF65 Tasters	9.30-11.30am	St James Church Hall, LE9 9NL	Free
Mon 25th	Mature Movers**	11.30am-12.30pm	Ratby Sports and Social Club, LE6 0LE	£4
Mon 25th	Mature Movers**	1.30-2.30pm	Westfield Community Centre, LE10 OLN	£4
Mon 25th	Line Dancing Contact: 01455 847666	7.30-8.30pm	Age UK Centre, LE9 7NL	£5
Tues 26th	Walking for Health Contact: 01455 255678	10am	Starts from Rectory Lane Car park, CV13 OLS	Free
Tues 26th	Gentle Bodies Contact: 07535 670989	10-11am	My S2dio, George Street, LE10 OAL	£5
Tues 26th	Mature Movers**	10-11am	Age UK Centre, LE10 OLN	£4
Tues 26th	Senior Strollers Walking for Health (50+)	10.30am	Starts from Argents Mead Band Stand, LE10 1BZ	Free
Tues 26th	Easy Chi Fitness Contact: 07535 670989	11am-12pm	My S2dio, George Street, LE10 OAL	£5
Tues 26th	Walking Football Contact: 01455 255908	11am-12pm	Green Towers, Richmond Park, LE10 ODZ	£2
Tues 26th	Swimming (Over 60's)*	2.30-3.30pm	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	Free
Tues 26th	Walking Netball	7-8pm	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	£3.50
Weds 27th	Mature Movers**	9.30-10.30am	Sport in Desford, LE9 9JU	£4
Weds 27th	Badminton Contact: 01455 723545	10am-12pm	Green Towers, Richmond Park, LE10 ODZ	£2
Weds 27th	Supported Sensory Strolls*** Contact: 01455 255870	11am-12pm	Starts from Argents Mead Band Stand, LE10 1BZ	Free
Weds 27th	50+ Keep Fit	11.30am-12.30pm	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	£2.75
Weds 27th	FAF65 Tasters	1-2.30pm	George Ward Centre, Church Lane, LE9 8DG	Free
Thurs 28th	Senior Strollers Walking for Health (50+)	9.30-11.30am	Starts from Age UK Centre Kings Walk, LE9 7NL	Free
Thurs 28th	Tai Chi Fit Contact: 07535 670989	10-11am	My S2dio, George Street, LE10 OAL	£5
Thurs 28th	Walking for Health Contact: 01455 255678	10am	Starts from Groby Village Hall Car Park, LE6 0DJ	Free
Thurs 28th	Mature Movers**	10.30-11.30am	Barlestone St. Giles Football Club, CV13 0EP	£4
Thurs 28th	Tai Chi Taster	11.30am-12pm	St Francis Community Centre, LE10 0EQ	Free
Thurs 28th	Short Mat Bowls Contact: 01455 619519	1-3pm	Westfield Community Centre, LE10 OLN	£2
Thurs 28th	Swimming (Over 60's)*	3-3.50pm	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	Free
Fri 29th	Swimming (Over 60's)*	9-9.55am	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	Free
Fri 29th	Tai Chi Taster	10.45-11.15am	Botcheston Village Hall, LE9 9FF	Free
Fri 29th	50+ Keep Fit	12.30-1.30pm	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	£2.75
Sun 1st	Swimming (Over 60's)*	8-9am	Hinckley Leisure Centre, Argents Mead, LE10 1BZ	Free



For more information on activities in Hinckley and Bosworth, contact:

t: 01455 255908

e: activetgether@hinckley-bosworth.gov.uk

w: www.hbsha.org.uk and www.lrsport.org/beactive

*ID may be required

**Mature Movers Contact: 07796432393

*** For anyone living with dementia and their carers or those looking to improve their mental wellbeing

Hinckley Leisure Centre: 01455 610011

Tai Chi Fit Contact: 01455 255870

Senior Strollers Walking For Health Contact: 01455 619519

FAF65 Tasters contact: 01455 255870