

## Regional Physical Activity Co-ordinator (Midlands) - Social Prescribing

**Salary: £45,000 FTE**

**Contract: Fixed term for 3 years, 0.6 FTE or 22.2 hours per week**

What gets you out of bed in the morning?

Do you want to help make a real and lasting difference to people's health and wellbeing? Are you passionate about enabling people to be active and have an understanding of communities and social prescribing?

We want to enable people to lead happier and healthier lives and we need a massive shift in thinking to help this to happen. We are passionate about making being active as easy and accessible as possible, particularly for those people who find being active more challenging.

We are excited about this and we would love someone as committed and passionate as we are to help us on this journey.

Active Partners Trust, who will be the host organisation for the position, is a charitable trust and our role is support organisations with insight, guidance, help and flexibility to have a positive impact on wellbeing. We know that physical activity and moving more can play a huge part in this.

However, if we are to reduce levels of inactivity, we need to see change at all levels and across many sectors. There is a need for a collective response based on an in-depth understanding of people and communities, that builds a consistent message and way of working, removes the barriers to participation, builds capacity from within and makes physical activity the norm for people who live, work and study in our communities. To do this, we need a candidate with the right attitude, work ethic, behaviours and commitment to make this happen.

This role will require working regionally and virtually across the Midlands and as part of 11 Active Partnerships. The purpose of the role of Regional Physical Activity Advisor is to maximise opportunities and uptake of physical activity through social prescribing.

The right person for this unique role will connect with the social prescribing infrastructure at multiple levels across the Midlands, feeding into many different partners, structures and sectors, from health to community and voluntary to sport and leisure. Gathering and understanding the learning from Active Partnerships and other partners to facilitate the sharing of this across the Midlands and nationally to inform future practice around physical activity and social prescribing.

The successful candidate will be able to help us gain a real understanding of diversity and where inequalities in activity levels exist, will work to address these both through working directly with community organisations and through influencing and collaborating with those making the big decisions. The successful candidate will work with wider networks such as Sport England and National Academy for Social Prescribing to affect change, both within communities, and at a local and national level.

Does this sound like something that might make you leap out of bed in a morning?

For any clarifying questions you may have about the role please contact:  
[Kerryn.chamberlin@activepartnerstrust.org.uk](mailto:Kerryn.chamberlin@activepartnerstrust.org.uk)

The Job Description and Person Specification can be found [here](#).  
All applications must be submitted using the [application form](#) which is also available via the website. And emailed to [info@activepartnerstrust.org.uk](mailto:info@activepartnerstrust.org.uk) by **midday on October 30th**

Please note CVs will not be accepted

Anticipated interview dates: w/c 9<sup>th</sup> November by a virtual link - either zoom or teams.

Please note that the successful candidate would need to start in post by the end of 2020.