



**LEICESTER-SHIRE  
& RUTLAND SPORT**  
PHYSICAL ACTIVITY & WELLBEING



# LEICESTER-SHIRE & RUTLAND'S 'FEEL ALIVE FROM 65' CELEBRATION

**THURSDAY 26<sup>TH</sup> OCTOBER 2017**  
**THE LINK HOTEL, LOUGHBOROUGH**



# A CELEBRATION OF LEICESTER-SHIRE & RUTLAND'S ACTIVE OLDER GENERATION

Sport and Physical Activity is an important part of all our lives and keeping active is especially important as we get older. The Leicester-Shire & Rutland **'Feel Alive from 65'** campaign week launches on 25th September 2017 and will be an amazing time to take part in a programme of physical activity across Leicestershire, Leicester and Rutland – [www.lrsport.org/beactive](http://www.lrsport.org/beactive)

As part of this fantastic campaign, Leicester-Shire & Rutland Sport (LRS) is pleased to announce the 6<sup>th</sup> Annual **'Feel Alive from 65 Celebration'** where we recognise our active older generation. This is being sponsored by 'imago' and will take place on Thursday 26<sup>th</sup> October 2017 at The Link Hotel, Loughborough.

**This is your chance to nominate**, those over the age of 65 who are participating in physical activity either personally, for the benefit of others or through volunteering in the community.

## NOMINATION CATEGORIES

-  Physical Activity Award - Lifelong Participation
-  Physical Activity Award - Newcomer to Participation
-  Active Ageing Award
-  Active Environment Award
-  Referral Scheme Award
-  Community Group Award – Social
-  Community Group Award – Condition Specific

As in previous years, an award for the actual **'Oldest Participant'** will also be presented at the Celebration.

## NOMINATION PROCESS

The nomination process is now open and can be made either online at [www.lrsport.org/feelalivefrom65celebration](http://www.lrsport.org/feelalivefrom65celebration) or by using the form attached.

The closing date for nominations is **Monday 9<sup>th</sup> October 2017** and all nominees, along with their nominators, will be invited to attend the celebration event where the winners will be announced. Please inform your nominee of the event date/details.

\*Please note that you can only nominate an individual or group within one category.\*

### For more information please contact:

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Leicester-Shire & Rutland Sport  
T: 01509 564867 / Email: [k.scott@lrsport.org](mailto:k.scott@lrsport.org)







## 'FEEL ALIVE FROM 65' CELEBRATION NOMINATION FORM

|                                       |  |
|---------------------------------------|--|
| <b>Nominating Person:</b>             |  |
| <b>Organisation/Club/<br/>/Group:</b> |  |
| <b>Telephone Number:</b>              |  |
| <b>Email Address:</b>                 |  |
| <b>Postal Address:</b>                |  |

|   |  |
|---|--|
| <b>Nominee:</b>                         |  |
| <b>Date of Birth:</b>                   |  |
| <b>Age (on 26<sup>th</sup> Oct 17):</b> |  |
| <b>Telephone Number:</b>                |  |
| <b>Email Address:</b>                   |  |
| <b>Postal Address:</b>                  |  |

**Which award are you nominating them for? (please tick)**

|  |  |
|--|--|
| <b>Physical Activity Award – Lifelong Participation</b>    |  |
| <b>Physical Activity Award – Newcomer to Participation</b> |  |
| <b>Active Ageing Award</b>                                 |  |
| <b>Active Environment Award</b>                            |  |
| <b>Referral Scheme Award</b>                               |  |
| <b>Community Group Award – Social</b>                      |  |
| <b>Community Group Award – Condition Specific</b>          |  |

