Children at Avenue school talk about what sport means to them. It is central to their lives and a passion for sport drives a passion for life. The benefit for the school is evident in their testimony. **Kye, Grace and Ajay from Year 6** speak about what sport means to them. They talk about how they use their ‘learning muscles’ every day.

Kye, Grace and Ajay take part in gymnastics, hockey, cricket, football, running, rounders, table tennis, tag rugby, swimming, cross country and more. It has had a deep impact on them. As they say:

"I wouldn’t be able to live without sport”

**Ajay**

"A boy I know has got involved in football and now he comes out of school happy and not in trouble”

**Grace**

"With sport, if I’m down or angry, it makes me happy”

**Ajay**

"Without sport all I would do is sit at home”

**Kyle**

"We work with people that we would never talk to otherwise. In the team I’ve made more friends”

**Grace**

The school has developed a growth mindset in the children and changed the learning culture. Daily exercise for the ‘learning muscles’ has captivated the children.

**How has this been achieved?**

**Avenue Primary School has:**

✓ A strong commitment to staff’s continuous professional development
✓ Developed its facilities without direct access to a field
✓ Employed a team of staff to move things forward (Head, Deputy, PE co-ordinator, coaches, apprentices and lunchtime staff)
✓ Used social media to promote the activities and the school
✓ Used a family support worker to encourage participation
✓ Driven forward competitions
✓ Hugely increased the number of after school clubs (30-40 per week)

"If your Head doesn’t support it ... nothing will happen. You just need your Head to say yes!”

**John Button – PE Co-ordinator**

"The enthusiasm of the children has increased the rate of school improvement rapidly. It can be seen in many ways: better attendance; very few behaviour referrals; improved academic achievement and hugely praised by Ofsted! It’s great for our reputation as it continually creates a positive twitter storm!”

**Nicky Kandola – Head Teacher**