Basketball: EndBall

Pick 2 teams and set up a playing area with an “End Zone” at each end.

Each team puts one of their players in one of the end zones (The “Target Player” can move wherever they want within the end zone but are not allowed out and other players cannot go in).

Teams must try to pass the ball between them to get it to their Target Player who catches it in the end zone without it hitting the ground.

If they do this, they score 1 point, the player who passed the ball to the Target Player swaps places with them and the ball goes to the other team.

Players CANNOT move when they have the ball (but they can pivot).

The opposition can only intercept the ball, not knock it out of players hands.

**Progression(s):**

*Allow limited dribbling (Eg: 3 bounces)*

*A team must play a certain number of passes before they can score*