Brocks Hill pushes sport and physical activity opportunities to another level to make sure that children’s overall well-being is a top priority. The ethic of team work permeates all the efforts to drive everything that this outstanding school achieves. This includes:

**Wellbeing Matters**

**The school mission is based on The 6 Rs:**
- Respect
- Responsibility
- Resilience
- Reciprocity
- Reflection
- Resourcefulness

**The culture promotes positive mental health. It tackles problems in some children such as:**
- inability to cope with rough and tumble
- muscle wastage
- over-reliance on technology
- emotionally and socially unskilled
- poor communication and language acquisition

**How has this been achieved?**

Brocks Hill Primary School has:
- Made well-being a central focus
- Built inclusive activities into the curriculum
- Introduced leadership opportunities for children
- Worked through the Sports Partnership and the School Games
- Planned spending carefully [see website]
- Had striking individual successes
- Linked to clubs and brought in coaches from professional clubs
- Driven CPD through the school and measured the impact

**Michelle Walton – Head Teacher**

“...The funding has allowed us to develop our PE and sporting provision in ways that we have wanted to do for some time, in particular our desire to add more competitive sports and to respond more fully to individual well-being needs. This is paying dividends in terms of the children’s enthusiasm, engagement and readiness to learn.”

**Specialist external provision including high quality coaches from professional clubs compliments a commitment to high quality CPD in PE for school staff**

**Year 5 Sports Ambassadors helping with KS1 lunch activities, organising events, officiating, assemblies, fund-raising and administration**

**Focus on participation through the house system, competition with other schools and a commitment to inclusive sports, means opportunities for all**

**Mastery in PE links to mastery across the curriculum. Academic achievement is outstanding in the school**

**Children are trained: to be mindful; to meditate; to use stretching, yoga, breathing and movement**

**Readiness to learn is supported by having healthy, active thriving children**

**Detailed spending plans have been created to establish the provision**

**The Wellness Toolbox & staff training days build a culture for all aspects of well-being. The role of sport in this is made explicit.**