How To Beat Obesity

Broom Leys Primary school

Using National Child Measurement data the school is having an impact on children. Taking in cohorts above the national average for obesity and sending out year groups below! Amongst the stand out features are:

Active Lunchtimes - Planned activities delivered by children trained as play coaches

A vast range of sports offered in and out of lessons that enthuses children

Trained lunchtime supervisors – able to offer and lead activities for all children

A skills-based curriculum that develops core strength and flexibility in children right from the start

A complete turnaround in the attitude of many staff to teaching PE through a planned CPD programme with coach and specialist support – resulting in high quality PE lessons

Targeted 100% of pupil premium children to be engaged in extra activities

Club links to encourage out-of-hours activity and continuity beyond year 6

A 3% increase in attendance has been achieved and sustained

Specific [targeted] children completely changed their attitude and behaviour through sport

How has this been achieved?

Broom Leys School has:

✓ Used the apprentice programme to support activity
✓ Used coaches alongside teachers to train them
✓ Trained children to lead activities
✓ Trained lunchtime staff to lead activities
✓ Extended the range of sports offered including non-traditional sports
✓ Targeted specific groups that find sport hard to access
✓ Used the School Games and the Sports Partnership to support
✓ Spread the leadership of sport so that it does not rely on one person

“In the past much of my time was absorbed dealing with poor behaviour at lunchtime, duties at lunchtime and meetings with parents following incidents. This is a thing of the past. Our children thrive at lunchtimes and love coming to school.”
Robert Prior – Head Teacher

“I enjoy sport because it’s active and fun. There’s no wrong or right way; everyone can be good at it. You get to play with your mates and it keeps you fit.”
Joe – Y6 Pupil

“Opportunities have improved pupils’ wellbeing and are influencing pupils’ academic achievement as seen by their attainment.”
Ofsted Report