



LEVEL 5 CERTIFICATE IN PRIMARY SCHOOL PHYSICAL EDUCATION SPECIALISM COURSE

This **nationally recognised qualification** aims to upskill primary school teachers, future teachers and school support staff to improve the overall delivery of the Physical Education curriculum.

On successful completion of this qualification, delegates will be able to assist in raising the standards within primary school physical education teaching.

2021 - 2022

NOW OPEN FOR APPLICATIONS

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**LEICESTER-SHIRE
& RUTLAND SPORT**
PHYSICAL ACTIVITY & WELLBEING

LEICESTER-SHIRE & RUTLAND SPORT DELIVERY

LRS are extremely pleased to offer this course again this year, despite the ongoing restrictions and challenges we are facing.

To date, we have successfully trained over 80 primary teachers and support staff and we are committed to ensuring we have a PE specialist in every school across Leicestershire, Leicester, and Rutland.

With the previous, current and ongoing restrictions due to Covid-19, this is a perfect opportunity to use your Primary PE & Sport Premium funding to focus on staff CPD

Please note that this year's course will be run as a 'hybrid' course, to make it as easy and accessible for staff and schools during this time. It will commence with online sessions/learning and 1-1 support, moving to face-to-face/practical delivery when we are able to, at the back end of the course.

- The course is open to colleagues in primary schools in Leicestershire, Leicester City and Rutland.
- The course will be delivered by local tutors who will endeavor to meet the needs of all those involved (participants, their schools and the young people they teach). This will mean tutors gaining understanding and knowledge of the schools and adapting the course content accordingly. We feel a real benefit of running this course at a local level is that delegates will be able to work together sharing their practice and learning from each other.
- It is essential that the teacher assigned to the course is supported by their school and a member of the school senior management team will be part of the assessment process.

WHAT IS THE QUALIFICATION?

A bespoke physical education and school sport qualification for primary school teachers, future teacher and school support staff, developed by the Association for Physical Education (AfPE) and Sports Leaders UK.

The aim of the qualification is to up-skill primary colleagues to be able to assist the delivery of high quality primary school PE. The course will address the top 3 concerns of subject knowledge, health and safety and subject leadership.



WHAT'S INVOLVED?

HOW WILL THIS YEAR'S COURSE RUN DIFFERENTLY?

- Average learning time: 141 hours which includes 45 tutored guided learning hours and 96 independent learning hours. This includes the completion of individual learning tasks and to do this it is important that there is support from the school's Senior Management Team to enable the delegate to complete all aspects of the course.
- Initial individual video call and pre-course work discussion with all delegates covering personal aims, situation and course expectations
- **8 x twilight sessions (via Microsoft Teams) – approx last week of the month – exact dates TBC, but provisionally 27th January, 24th February, 24th March, 28th April, 26th May, 30th June, 1st and 29th September.**
- **2 x full tutored days (1 x Summer term and 1 x Autumn term)** for associated practical learning required (restrictions allowing).
- Additional individual 1-1 feedback / support sessions as required.
- Course assessment will be carried out through formal written assignments, group-based tasks and group discussion.
- During the course, a senior leader at your school will be required to undertake a formal observation of your PE teaching.
- Delegates will be asked to carry out significant work in their own time, however additional release time within school may be needed for some of the tasks.
- As Covid-19 restrictions mean a significant portion of the course will be delivered and accessed online, delegates will need to have access to webcams and microphones for video conferencing and be competent in online document completion, editing and uploading. More details will be provided.



WHY TAKE PART? WHAT ARE THE BENEFITS?

- The course will provide a structured programme for schools to reflect and develop their own PE, school sport, health and well-being opportunities; therefore enhancing the experiences and outcomes for their pupils.
- The qualifications will be an effective use of the primary physical education and school sport premium funding. This was clearly stated in the Education Select Committees report "School Sport following London 2012; No more political football" "*continuous professional development is an effective use of the funding*".
- The course aims to use local knowledge and contacts to provide relevant and bespoke delivery including (if required) additional support and mentoring opportunities.

WHO CAN PARTICIPATE?

	Level 5	Level 6
Primary school teacher with QTS or GTCS	Yes	Yes
Primary school teacher without QTS or GTCS	Yes*	No
Primary school teacher with QTLS	Yes*	No
Primary school teacher with PTLLS, CTLLS and/or DTLLS	Yes*	No
University student on a degree that leads to QTS	Yes	No
Higher level teaching assistant within a primary school	Yes*	No
Teaching assistant with 2 years experience delivering PE across both Key Stage 1 and 2	Yes*	No
Secondary school teacher	No	No
Further Education lecturer	No	No
Coach** working within a primary school in the role as a Teaching Assistant (should have a minimum of 5 years experience delivering PE across both Key Stage 1 and 2)	Yes*	No
Employee of an external organisation linked to a primary school	No	No

* On completion of the qualification these individuals will be PE specialists - they are still required to be supervised by a QTS accredited teacher in their role in raising the standards of PE teaching. This qualification does not qualify individuals to become a PE teacher.

** Coaches are still required to have a minimum of a Level 2 qualification in any of the sports/activities that they assist in raising the standards of PE teaching.

WHAT PEOPLE SAID?

From previous delegate evaluations, **delegates rated an increase from their pre to post course knowledge.** Please see below the results.

1. PE Teaching—Subject Knowledge

Teachers pre to post rating = 8.3 to 9.0

HLTA/TA/Other pre to post rating = 5.4 to 8.3

Sports Coach pre to post rating = 7.8 to 8.3

2. PE Teaching—Teaching Confidence

Teachers pre to post rating = 8.3 to 9.3

HLTA/TA/Other pre to post rating = 6.8 to 8.7

Sports Coach pre to post rating = 9.0 to 9.3

3. PE Teaching—Subject Skills

Teachers pre to post rating = 8.0 to 9.0

HLTA/TA pre to post rating = 5.6 to 7.9

Sports Coach pre to post rating = 7.8 to 8.7

4. PE Teaching—Up to date with recent Subject Developments

Teachers pre to post rating = 6.5 to 8.5

HLTA/TA/Other pre to post rating = 3.5 to 7.7

Sports Coach pre to post rating = 4.5 to 8.3

Sports Coach pre to post rating = 6.9 to 8.0

PE TEACHING

PE LEADERSHIP

1. PE Leadership—Subject Leader Knowledge

Teachers pre to post rating = 7.8 to 8.8

HLTA/TA/Other pre to post rating = 5.3 to 8.1

Sports Coach pre to post rating = 6.8 to 8.7

2. PE Leadership— Subject Leader Confidence

Teachers pre to post rating = 8.0 to 8.8

HLTA/TA/Other pre to post rating = 5.8 to 8.3

Sports Coach pre to post rating = 6.8 to 9.0

3. PE Leadership—Subject Leader Skills

Teachers pre to post rating = 7.8 to 8.8

HLTA/TA/Other pre to post rating = 4.9 to 8.2

Sports Coach pre to post rating = 6.5 to 9.0

4. PE Leadership—Understanding of School PE Development Priorities

Teachers pre to post rating = 6.3 to 9.25

HLTA/TA/Other pre to post rating = 5.5 to 8.3

Sports Coach pre to post rating = 6.9 to 8.0



Dates - TBC

Due to the ongoing Government restrictions and subsequent school closures, we are delaying the start of our Level 5 course until after the Easter Holidays at the earliest. More details and confirmation of dates will follow in due course.

- 8 x twilight sessions (via Microsoft Teams) – approx last week of the month – exact dates TBC.
- 2 x full tutored days (1 x Summer term and 1 x Autumn term) for associated practical learning required (restrictions allowing).

Venue

The majority of the Course will be ran online however the 2 x full tutored days will take place at: SportPark at Loughborough University, 3 Oakwood Drive, Loughborough, LE11 3QF.

Cost

The cost of the course is £800.

*For delegates/schools outside of Leicestershire, Leicester & Rutland the cost of the course is £1,000.

For more information please contact:

Geoff Maltby, Course Manager, Leicester-Shire & Rutland Sport

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For more information on the Qualification please visit:

- [AfPE](#)
- [Sports Leaders](#)

HOW TO APPLY

Please note there will be a maximum of 20 places available for this course; places will be awarded to applicants on a first-come first-served basis.

We are encouraging applications from across the County, City and Rutland.

APPLY NOW BY VISITING:

WWW.LRSPORT.ORG/PRIMARYLEADERSHIPAPPLY



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