Our aim was to increase the overall participation of pupils in sport and physical activity beyond their curriculum PE time. We looked into ways to spend the PE Premium funding to increase opportunity and participation, especially by girls, in a wider a range of activities.

**Leadership**

Increasing the number of pupils participating in physical activity became a whole school priority; numerous studies prove the mental, physical and academic benefits of exercise. Every member of staff was involved in providing opportunities throughout the school day.

Work It Wednesday in action.

**Actions**

- Year 5 children trained to become sports leaders, run Work-It Wednesdays and Fitness Fridays, organising activities for others at lunch times.
- Year 6 children running lunchtime tournaments.
- New fitness equipment installed outside for use throughout the day.
- All teachers incorporate Active Maths lessons at least once a week, expanding to other subjects.
- Mile Challenge for every class. Throughout the day, children are given chances to do laps of the playground which count towards their class target, linked to their topic, eg Year 6 running to Berlin as part of their WW2 topic.
- Wider variety of afterschool sports clubs offered including cycling and inclusion sports.
- PE Coach trained to deliver Bikeability to all upper KS2 children, now delivering in other schools.
- PE Passport used to closely track participation and progress of all pupils.
- Sports Relief Fundraising Day – pupils organised and coached their parents in a variety of sports.
- Weekly Parents Fitness sessions.

**Impact**

- 10 inter-school events, 9 intra school events attended so far this year.
- 59% of pupils participating in extra-curricular sport, so far
- 69% of pupils represented school at inter-school events
- 100% of pupils increased daily physical activity
- 26% of pupils exceeding the expected standard in PE
- 66% of girls take part in extra-curricular sport
- Increased attention and engagement in lessons
- More recognition for children achieving well in sport – raised self-esteem reported in all year groups
- Fewer children presenting symptoms of anxiety and stress
- Fewer behavioural incidents at break and lunch time
- Increased co-operation between children
- Increased parental support and engagement

**Headteacher:**

“To see more children being active every day has been wonderful. Staff have noticed calmer classrooms and more engaged pupils. Everyone has had to make adjustments to fit in the changes to the school day but it has been well worth it.” Rosie Browne, Headteacher

**Pupil:**

“Doing more sport has been great! There’s more to do at lunchtimes and I love the Mile Challenge, - we’re running around Britain this term! I loved coaching my mum on Sports Relief Day!”

How partners are supporting the school/cluster of schools to embed and sustain the activity

As a single academy, we have to work hard to maintain links with other local schools. We work with our local SSP to offer children opportunities to go to as wide a range of tournaments and festivals as we can. Being village school, a large hurdle to overcome has been transport costs – another driving force to increase the opportunities available in school. We’ve spent a lot of time reading guidance from professional bodies such as aPE and Youth Sport Trust to look at effective spending of our PE grant

Working with our own development group, we have been able to organise inter-school events and shared good practice and expertise between staff.

We feel very strongly that to make these changes sustainable, that we need to be actively promoting sport at every opportunity. We also need to be able to sustain this independently in case the funding is not maintained. Our sports coach is only partially funded through the PE grant to make sure he can stay, even if the funding does not!